



Lassen Indian Health Center  
Susanville Indian Rancheria  
795 Joaquin Street  
Susanville, CA 9130  
530-257-2542

[www.lihc.org](http://www.lihc.org)

## I. Mission

To improve the health and well-being of the communities we serve while providing exceptional and compassionate care.

## 2. Vision

To be chosen by our staff, our providers and our community as the best place to work, the best place to practice and the best place to receive comprehensive care.

## 3. Values - CARES

4. Continuous Improvement:

5. Accountability:

6. Respect:

7. Excellence:

8. Stewardship:

9. Lassen Indian Health Center Goals:

- High quality healthcare - quality of patient care and continuity of patient care
- Compassionate Customer Service
- Community Value
- Employee Engagement
- Ethics and Compliance
- Financial Strength



We provide primary care services for all of your chronic medical needs.  
We provide continuity of care through child exams and immunization.  
We accept virtually any insurance -- so you get every benefit possible.  
We provide the highest quality of care for our patients.

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(530) 257-2542  
FAX (530) 251-5208

**CHIEF OPERATIONS OFFICER: Kristofer R. Green**

**MEDICAL DEPARTMENT**

**CHIEF MEDICAL OFFICER: Dr. Marc Nielsen, DO**

**Dr. Nicolas Milligan, MD**

**Dr. Melissa Garnett, DNP**

**CLINIC MANAGER: Vacant**

**MEDICAL CLINIC HOURS:**

**MONDAY, TUESDAY, THURSDAY &  
FRIDAY 8 AM TO 5 PM.**

**WEDNESDAY 1 PM TO 5 PM**

**DENTAL DEPARTMENT**

**CHIEF DENTAL OFFICER: VACANT**

**Dr. Maryam Bahadori, DDS**

**DENTAL CLINIC HOURS:**

**MONDAY 8 AM TO 5 PM.**

**TUESDAY – FRIDAY 7 AM TO 5  
PM.**

**FIRST SATURDAY OF THE  
MONTH 8 AM TO 5 PM.**

## BEHAVIORAL HEALTH

Dr. Eric Trevizu, PsyD (Friday only)

## PHARMACY DEPARTMENT

Pharmacist: Dr. Fred Autenrieb,  
PharmD

MONDAY- FRIDAY 8 AM to 5 PM

Clinic Meeting WEDNESDAY MORNING  
8 AM TO 10 AM

PATIENT CARE RESUMES AT 1 PM



Clinic Phone: (530) 257-2542

Clinic FAX (530) 251-5208

COO Email: [kgreen@lihc.org](mailto:kgreen@lihc.org)



Dear Susanville Indian Rancheria Community:

From Kristofer R. Green, Chief Operating Officer of Lassen Indian Health Center:

It is important to say thank you to the entire LIHC community for making me feel welcome here in Susanville. I appreciate everyone who has introduced themselves, it is my honor and pleasure to have met each of you. I truly look forward to meeting more people and continue to get to know everyone.

The clinic has gone through some growing pains, but we are stabilizing and working hard to improve the way we provide medical care to the community. In conversations with many of you, many ideas and concerns have been shared. There are internal conversations and planning that are on-going and we will work hard to meet and exceed your expectations. There is a wonderful staff here at the Health Center with many caring people that are committed to serving this community.

As an update from the previous newsletter, we have hired a new full-time dentist, her name is Dr. Maryam Bahadori. The Clinic is now looking to hire a new Dental Director as Dr. Mahon has decided to retire, effective October 26, 2018. Dr. Mahon will be missed and I wish him happiness in this next stage of his life.

The Holiday Season is upon us once again and I wish everyone and their families a very Happy Holiday Season, I hope you all enjoy this time and cherish every moment with your loved ones and friends. I encourage everyone to reflect on what is most important to you and to take the time to show your appreciation to some special.

The following is information about raising awareness for important medical issues for the next few months:

November 2018

National Alzheimer's Disease Awareness Month

American Diabetes Month - <https://www.healthline.com/health/diabetes>

Bladder Health Month

Chronic Obstructive Pulmonary Disease (COPD) Awareness Month

Diabetic Eye Disease Month

National Epilepsy Awareness Month - <https://www.healthline.com/health/epilepsy>

National Family Caregivers Month

National Healthy Skin Month

National Hospice Palliative Care Month - <https://www.healthline.com/health-news/most-wait-too-long-to-utilize-hospice>

Lung Cancer Awareness Month - <https://www.healthline.com/health/lung-cancer>

Pancreatic Cancer Awareness Month

National Stomach Cancer Awareness Month

Prematurity Awareness Month

World Antibiotic Awareness Week (Nov. 12-18)

Great American Smokeout (Nov. 16)

World Prematurity Day (Nov. 17)

International Survivors of Suicide Day (Nov. 17)

GERD Awareness Week (Nov. 19-25)

National Family Health History Day (Nov. 22)

December 2018

World AIDS Day (Dec. 1)

National Handwashing Awareness Week (Dec. 2-8) - <https://www.healthline.com/health/hiv-aids>

January 2019

Cervical Health Awareness Month - [www.nccc-online.org/hpvcervical-cancer/cervical-health-awareness-month/](http://www.nccc-online.org/hpvcervical-cancer/cervical-health-awareness-month/)

National Birth Defects Prevention Month - [www.nbdpn.org/national\\_birth\\_defects\\_prevent.php](http://www.nbdpn.org/national_birth_defects_prevent.php)

National Glaucoma Awareness Month - [nei.nih.gov/nehep/gam/](http://nei.nih.gov/nehep/gam/)

Thyroid Awareness Month - [www.thyroidawareness.com](http://www.thyroidawareness.com)



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## ATTENTION

ALL APPOINTMENTS OUTSIDE OF LASSEN INDIAN HEALTH CENTER REQUIRE A REFERRAL. IF YOU DO NOT GET A REFERRAL PRIOR TO YOUR APPOINTMENT OR FOLLOW UP APPOINTMENT YOU WILL NOT RECEIVE ASSISTANCE WITH PAYMENT IF YOU ARE PRC ELIGIBLE.

ANY QUESTIONS PLEASE SEE PRC DEPARTMENT.

VISION EXAMS AND MATERIALS (GLASSES OR CONTACTS) ARE CURRENTLY COVERED EVERY 12 MONTHS. EXAM ASSISTANCE IS UP TO \$200 AND MATERIAL ASSISTANCE IS UP TO \$250. IF YOUR INSURANCE COVERS EXAM AND GLASSES OR CONTACTS IN FULL THERE WILL BE NO ASSISTANCE.

ANY QUESTIONS PLEASE SEE PRC DEPARTMENT.

TRAVEL ASSISTANCE IS CURRENTLY AVAILABLE TO PRC ELIGIBLE PATIENTS THAT HAVE AN APPROVED LEVEL 1, 2, OR 3 PRC REFERRAL.

ANY QUESTIONS PLEASE SEE PRC DEPARTMENT.

IF YOU REQUIRE TRANSPORTATION AND MEET THE REQUIREMENTS TO BE TRANSPORTED YOU NEED TO SUBMIT YOUR REQUEST NO LESS THAN 7 DAYS PRIOR TO YOUR

APPOINTMENT AND YOU MUST HAVE A REFERRAL TO THIS APPOINTMENT.

ANY QUESTIONS PLEASE SEE TRANSPORTATION DEPARTMENT.

PATIENTS ARE REQUIRED TO HAVE A YEARLY PHYSICAL IN ORDER TO REMAIN PRC ELIGIBLE. CHECK WITH YOUR PROVIDER TO DETERMINE WHEN YOUR NEXT YEARLY PHYSICAL IS DUE.

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ASSISTANCE WITH THE ABOVE CAN CHANGE DUE TO FUNDING AVAILABLE,